Ephesians 6:10-24 - Stand firm in the Lord

There's a battle going on	
1. Put on God's armour	(v10-17)
2. Pray for God's help	(v18-20)
3. Encourage God's people	(v21-24)

For further discussion

- In what ways is living as a Christian hard? Are you surprised when you face battles in your life? Why/why not? What is your usual approach when faced with such battles?
- How does Paul describe our battle (v12)? What do we already know about these various forces of evil from Ephesians?
- How will the various elements of the armour of God help in this battle? Is it down to us to win it?
- One of the big emphases in Ephesians has been that the Christian life is about the church not just about me and God. How does the devil attempt to disrupt the unity of the church (look back at Eph 4:17-6:9 for some examples)? How does the armour of God protect the church from the devil?
- What does "praying on all occasions with all kinds of prayers and requests" look like? What is striking about Paul's priorities in prayer even while he's in prison? How does that compare with ours when we face struggles?
- How is v21-24 encouraging to us and how is it challenging? Compare Eph 6:24 with Rev 2:1-7, especially Rev 2:4.