

## **Psalm 56 - Afraid**

### **Introduction:**

#### **- Hostility?**

#### **1) Praise the word of the God who speaks**

(v1-6)

### **For further discussion**

- What do we learn about what David is facing? What do we see about how David responds?
- When are you afraid? How can verses 3-4 help?
- What does God notice (vs8)? How is this encouraging when we are struggling emotionally?
- Verses 10-11 repeat verses 3-4. Why do you think David repeats himself? What can this teach us in times of trial?
- For a Christian, Jesus' death on the cross deals with the consequences of sin. Praise God for 1 John 1:7 and John 8:12.
- Praise God for help in past trials. Ask Him to help you praise Him during and after future trials.

#### **2) Praise the word of the God who saves**

(v8-15)